

COMPANION PLANTING

“Companion planting is the practice of planting two or more plants together for mutual benefit.”

Experience has taught us that planting some vegetables **together leads to enhanced quality and growth.**



THE BENEFITS OF COMPANION PLANTING VEGETABLES

- **SHELTER** - larger plants protect others from wind or too much sun.
- **SUPPORT** - some vegetables can be used as physical supports for others. As an example, beans planted with corn use the corn as a trellis.
- **BENEFICIAL INSECTS** - attracting beneficial insects such as bees help spread pollen.
- **SOIL IMPROVEMENT** - some vegetable plants improve soil conditions for other plants. For example, members of the legume family (beans etc.) draw nitrogen from the atmosphere and add it to the soil around them.
- **DECOY PLANTS** - there are plants that emit odors that aid in masking the odors of insect-desirable vegetable plants.

